

# THE 2020 MONITORING PROGRAM\*

The following substances are placed on the 2020 Monitoring Program:

- 1. Anabolic agents:** *In- and Out-of-Competition:* ecdysterone
- 2. Beta-2-agonists:** *In- and Out-of-Competition:* any combination of beta-2-agonists
- 3. 2-ethylsulfanyl-1H-benzimidazole (bemitil):** *In- and Out-of-Competition*
- 4. Stimulants:** *In-Competition only:* bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol and synephrine
- 5. Narcotics:** *In-Competition only:* codeine, hydrocodone and tramadol
- 6. Glucocorticoids:** *In-Competition* (by routes of administration other than oral, intravenous, intramuscular or rectal) and *Out-of-Competition* (all routes of administration)

\*The World Anti-Doping Code (Article 4.5) states: "WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport."

# 2020 年監控計畫\*

下列物質列入 2020 年監控計畫：

1. 同化性物質                      賽內和賽外：Ecdysterone
2. 乙二型交感神經作用劑      賽內和賽外：乙二型交感神經作用劑的任一組合
3. 2-ethylsulfanyl-1H-benzimidazole (bemitil)      賽內和賽外
4. 興奮劑                              僅賽內：bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol 和 synephrine
5. 麻醉劑                              僅賽內：codeine, hydrocodone 和 tramadol
6. 腎上腺皮質素                      賽內 (以口服、靜脈注射、肌肉注射及經直腸以外之方式使用) 和賽外 (任何方式施用)

\*依世界運動禁藥管制規範 (第 4.5 條) 揭示：「世界運動禁藥管制組織應與簽署認可運動禁藥管制作業單位及政府協商監控未列在運動禁藥清單之物質以瞭解運動選手濫用藥物之情形。」